

# LUNGE FORWARD

TRIAD 5K RUN, WALK & CELEBRATION  
BENEFITING LUNG CANCER INITIATIVE

PRESENTED BY



# 5K

Timed & untimed  
race options



**CREATE HOPE**  
**TAKE ACTION**  
**END LUNG CANCER**

SATURDAY  
**OCTOBER 3**

COUNTRY PARK  
3899 Jaycee Park Dr.  
GREENSBORO, NC



Join us for the 19th Annual Triad LUNGe Forward 5K Run, Walk & Celebration—a powerful day of remembrance, community, and hope. Together, we'll run, walk, and rally to take action and support everyone impacted by lung cancer. It's an inspiring way to kick off the new year with purpose, positivity, and a renewed commitment to making a difference.

Triad.[LUNGeForward.org](https://www.LUNGeForward.org)

BENEFITING



LUNG CANCER INITIATIVE  
A NETWORK OF HOPE AND ACTION

PRESENTING



SERIES



SHIRT



GOLD



SILVER



BRONZE



A Member of the Roche Group



IN-KIND

